



BREAK-AWAYS

March 28, 2017

Trend-Breaks Portfolio

We have created a Portfolio of stocks by utilizing the daily charts from the "Early Warnings" segment of the Daily Trend Report, which is part of the <u>TheUpTrend.com</u> technical charting system (link below).

NOTE: The Trend-Breaks Portfolio has a short-term perspective. Since this stock portfolio is based on daily stock charts, we update this report when appropriate. Any decisions made with respect to making changes to the portfolio will be reflected in a Buy, Sell, or Short transaction effected at the following day's Opening Price.

COMMENT: With apologies for not providing a report yesterday, we purchased two stocks at the opening on Monday: MacDonald Dettwiler & Associates and Nevsun Resources Ltd. Both stocks have gone up in each of the last two days. NorthWest HealthCare and Aecon also continue to rise. Cenovus Energy has also rallied. Currently, all of the stocks in the portfolio are showing a profit.

CUMULATIVE PORTFOLIO PICKS As At: March 28

| | | Buy / | Contract | Current | First | Second | <range since<="" th=""><th>Purchase></th></range> | Purchase> |
|--------|-----------------------------------|---|--|--|---|--|---|--|
| Symbol | Company | Short | Price | Price | Target | Target | <u>High</u> | Low |
| NWH.un | NorthWest HealthCare Properties | Buy | \$9.83 | \$11.12 | \$11.13 | \$11.33 | \$11.15 | \$9.75 |
| ARE | Aecon Group Inc. | Buy | \$15.10 | \$17.36 | \$17.20 | \$18.00 | \$17.46 | \$15.06 |
| CVE | Cenovus Energy Inc. | Buy | \$16.98 | \$17.36 | \$18.00 | \$18.75 | \$17.41 | \$16.76 |
| MDA | MacDonald, Dettwiler & Associates | Buy | \$67.70 | \$69.35 | \$71.88 | \$75.00 | \$69.70 | \$67.48 |
| NSU | Nevsun Resources Ltd. | Buy | \$3.40 | \$3.41 | \$3.70 | \$3.90 | \$3.49 | \$3.31 |
| | NWH.un ARE CVE MDA | CVE Cenovus Energy Inc. MDA MacDonald, Dettwiler & Associates | SymbolCompanyShortNWH.unNorthWest HealthCare PropertiesBuyAREAecon Group Inc.BuyCVECenovus Energy Inc.BuyMDAMacDonald, Dettwiler & AssociatesBuy | SymbolCompanyShortPriceNWH.unNorthWest HealthCare PropertiesBuy\$9.83AREAecon Group Inc.Buy\$15.10CVECenovus Energy Inc.Buy\$16.98MDAMacDonald, Dettwiler & AssociatesBuy\$67.70 | SymbolCompanyShortPricePriceNWH.unNorthWest HealthCare PropertiesBuy\$9.83\$11.12AREAecon Group Inc.Buy\$15.10\$17.36CVECenovus Energy Inc.Buy\$16.98\$17.36MDAMacDonald, Dettwiler & AssociatesBuy\$67.70\$69.35 | Symbol Company Short Price Price Target NWH.un NorthWest HealthCare Properties Buy \$9.83 \$11.12 \$11.13 ARE Aecon Group Inc. Buy \$15.10 \$17.36 \$17.20 CVE Cenovus Energy Inc. Buy \$16.98 \$17.36 \$18.00 MDA MacDonald, Dettwiler & Associates Buy \$67.70 \$69.35 \$71.88 | Symbol Company Short Price Price Target Target NWH.un NorthWest HealthCare Properties Buy \$9.83 \$11.12 \$11.13 \$11.33 ARE Aecon Group Inc. Buy \$15.10 \$17.36 \$17.20 \$18.00 CVE Cenovus Energy Inc. Buy \$16.98 \$17.36 \$18.00 \$18.75 MDA MacDonald, Dettwiler & Associates Buy \$67.70 \$69.35 \$71.88 \$75.00 | NWH.un NorthWest HealthCare Properties Buy \$9.83 \$11.12 \$11.13 \$11.33 \$11.15 ARE Aecon Group Inc. Buy \$15.10 \$17.36 \$17.20 \$18.00 \$17.46 CVE Cenovus Energy Inc. Buy \$16.98 \$17.36 \$18.00 \$18.75 \$17.41 MDA MacDonald, Dettwiler & Associates Buy \$67.70 \$69.35 \$71.88 \$75.00 \$69.70 |

NOTE: The Author, directly or indirectly, may own stocks included in the TrendBreaks Portfolio.

As of Mar. 28 these stocks include the following: Northwest Healthcare

The performance of these portfolio stocks is provided in the table on the following page.





| PORTFOLIO VALUATION , with Closing Prices as of: | | | | | Tuesday Mar. 28 | START | DATE: | September 1, 2016 | | |
|---|-------------------------|-------------|--------------|--------------|--------------------|------------|--------------|-------------------|----------|------------------|
| | | Purchase | Purchase | Current | Number | Purchase | Current | s | % | % of |
| Company | Symbol | Date | Price | Price | of Shares | Value | Value | <u>Gain</u> | Gain | Portfolio |
| NorthWest HealthCare Properties | NWH.un | Dec 12 | \$9.83 | \$11.12 | 1,020 | \$10,027 | \$11,342 | \$1,316 | 13.1% | 11.2% |
| Aecon Group Inc. | ARE | Jan 16 | \$15.10 | \$17.36 | 660 | \$9,966 | \$11,458 | \$1,492 | 15.0% | 11.3% |
| Cenovus Energy Inc. | CVE | Mar 23 | \$16.98 | \$17.36 | 590 | \$10,018 | \$10,242 | \$224 | 2.2% | 10.1% |
| MacDonald, Dettwiler & Associates | MDA | Mar 27 | \$67.70 | \$69.35 | 150 | \$10,155 | \$10,403 | \$248 | 2.4% | 10.3% |
| Nevsun Resources Ltd. | NSU | Mar 27 | \$3.40 | \$3.41 | 2,950 | \$10,030 | \$10,060 | <u>\$30</u> | 0.3% | 9.9% |
| STOCK PORTFOLIO | | | | | | \$50,196 | \$53,504 | \$3,309 | 6.6% | 52.7% |
| 30% Margin on Short Sales | | | | | | \$0 | \$0 | \$0 | | 0.0% |
| | STOCK | PORTFOL | IO VALUE | | | \$50,196 | \$53,504 | \$3,309 | 6.6% | 52.7% |
| Cash-On-Hand | | | | | | \$49,804 | \$49,804 | \$0 | | 49.1% |
| Cumulative Dividend Income | | | | | | | \$1,232 | \$1,232 | | 1.2% |
| Realized Gains / (Losses) | | | | | | | (\$3,053) | (\$3,053) | | -3.0% |
| TOTAL PORTFOLIO VALUE | | | | | | \$100,000 | \$101,487 | \$1,487 | 1.5% | 100.0% |
| | | | | | | Portfolio | 2.6% | | | |
| | S&P/TSX COMPOSITE INDEX | | | | | 14,597.95 | 15,598.57 | 1,000.62 | 6.9% | |
| | | | | | | S&P/TSX Ar | 12.1% | | | |

The table on the next page is the list of stocks that have been sold (or bought back if shorted).





Stocks Sold/Bought Back:

| | | Long | Buy | Sell | Gain / | Purchase | Closing | \$ Gain | % Gain | Cum Gain |
|-----------------------------------|--------|-------|--------------|--------------|----------|--------------|--------------|----------------|--------|----------------|
| Company | Symbol | Short | Price | Price | (Loss) | Value | Value | (Loss) | (Loss) | (Loss) |
| Toromont Industries Ltd. | TIH | Long | \$39.68 | \$39.18 | -\$0.50 | \$9,920 | \$9,795 | -\$125 | -1.3% | -\$125 |
| Stantec Inc. | STN | Long | \$31.27 | \$30.60 | -\$0.67 | \$10,006 | \$9,792 | -\$214 | -2.1% | -\$339 |
| Equal Weight Cdn Banks Index | ZEB | Long | \$24.12 | \$24.10 | -\$0.02 | \$9,648 | \$9,640 | -\$8 | -0.1% | -\$347 |
| Wajax Corporation | WJX | Long | \$16.13 | \$14.70 | -\$1.43 | \$9,678 | \$8,820 | -\$858 | -8.9% | -\$1,205 |
| EnCana Corporation | ECA | Long | \$13.38 | \$12.20 | -\$1.18 | \$10,169 | \$9,272 | -\$897 | -8.8% | -\$2,102 |
| Manulife Corporation | MFC | Long | \$17.89 | \$19.17 | \$1.28 | \$4,920 | \$5,272 | \$352 | 7.2% | -\$1,750 |
| Tourmaline Oil Corp. | TOU | Long | \$36.86 | \$37.48 | \$0.62 | \$10,137 | \$10,307 | \$171 | 1.7% | -\$1,580 |
| Suncor Energy Inc. | SU | Long | \$36.64 | \$38.05 | \$1.41 | \$10,076 | \$10,464 | \$388 | 3.8% | -\$1,192 |
| West Fraser Timber Co. | WFT | Long | \$41.50 | \$44.05 | \$2.55 | \$10,375 | \$11,013 | \$638 | 6.1% | -\$554 |
| Norbord Inc. | OSB | Short | \$33.85 | \$31.47 | \$2.38 | \$10,155 | \$9,441 | \$714 | 7.0% | \$160 |
| Norbord Inc. Margin Profit | OSB | | | | | -\$3,048 | -\$2,832 | \$216 | 7.1% | \$376 |
| Enbridge Income Fund Holdings | ENF | Long | \$32.44 | \$34.01 | \$1.57 | \$9,732 | \$10,203 | \$471 | 4.8% | \$847 |
| Knight Therapeutics Inc. | GUD | Long | \$9.27 | \$8.98 | -\$0.29 | \$9,270 | \$8,980 | -\$290 | -3.1% | \$557 |
| Manulife Corporation | MFC | Long | \$17.89 | \$19.15 | \$1.26 | \$4,920 | \$5,266 | \$347 | 7.0% | \$903 |
| Detour Gold Corporation | DGC | Long | \$24.45 | \$20.99 | -\$3.46 | \$9,780 | \$8,396 | -\$1,384 | -14.2% | -\$481 |
| Loblaw Companies Limited | L | Long | \$66.68 | \$63.56 | -\$3.12 | \$10,002 | \$9,534 | -\$468 | -4.7% | - \$949 |
| Alimentation Couche-Tard Inc. | ATD.B | Short | \$66.98 | \$63.50 | \$3.48 | \$10,047 | \$9,525 | \$522 | 5.2% | -\$427 |
| Alimentation Margin Profit | ATD.B | | | | | -\$3,014 | -\$2,852 | \$162 | 5.4% | -\$265 |
| EnerCare Inc. | ECI | Short | \$18.55 | \$18.25 | \$0.30 | \$10,017 | \$9,855 | \$162 | 1.6% | -\$103 |
| EnerCare Margin Profit | ECI | | | | | -\$3,005 | -\$2,957 | \$48 | 1.6% | -\$55 |
| Colliers International Group Inc. | CIGI | Long | \$48.10 | \$47.39 | -\$0.71 | \$9,620 | \$9,478 | -\$142 | -1.5% | -\$197 |
| MacDonald, Dettwiler & Associates | MDA | Long | \$71.60 | \$66.67 | -\$4.93 | \$10,024 | \$9,334 | -\$ 690 | -6.9% | -\$887 |
| Baytex Energy Corp. | BTE | Long | \$5.49 | \$5.95 | \$0.46 | \$9,992 | \$10,829 | \$837 | 8.4% | -\$50 |
| Franco-Nevada Corporation | FNV | Long | \$88.93 | \$76.32 | -\$12.61 | \$10,227 | \$8,777 | -\$1,450 | -14.2% | -\$1,500 |
| Tahoe Resources Inc. | THO | Long | \$16.81 | \$13.08 | -\$3.73 | \$10,086 | \$7,848 | -\$2,238 | -22.2% | -\$3,738 |
| AGT Food & Ingredients | AGT | Long | \$37.43 | \$35.39 | -\$2.04 | \$10,106 | \$9,555 | -\$551 | -5.5% | -\$4,289 |
| Industrial Alliance Insurance | IAG | Long | \$57.33 | \$55.25 | -\$2.08 | \$10,033 | \$9,669 | -\$364 | -3.6% | -\$4,653 |
| EnerCare Inc. | ECI | Long | \$18.34 | \$17.84 | -\$0.50 | \$10,087 | \$9,812 | -\$275 | -2.7% | -\$4,928 |
| Fairfax Financial Holdings | FFH | Long | \$636.88 | \$669.93 | \$33.05 | \$10,190 | \$10,719 | \$529 | 5.2% | -\$4,399 |
| Torstar Corporation | TS.B | Long | \$1.64 | \$1.93 | \$0.29 | \$9,840 | \$11,580 | \$1,740 | 17.7% | -\$2,659 |
| Hudson's Bay Company | HBC | Long | \$14.72 | \$12.60 | -\$2.12 | \$10,010 | \$8,568 | -\$1,442 | -14.4% | -\$4,101 |
| TransCanada Corporation | TRP | Long | \$58.16 | \$61.98 | \$3.82 | \$9,887 | \$10,537 | \$649 | 6.6% | -\$3,451 |
| S&P/TSX Composite | GSPTSE | Short | \$15.65 | \$15.41 | -\$0.24 | \$10,173 | \$10,017 | -\$156 | -1.5% | -\$3,607 |
| S&P/TSX Comp. Margin Loss | GSPTSE | | | | | -\$3,005 | -\$3,023 | -\$18 | -0.6% | -\$3,625 |
| CGI Group Inc. | GIB.A | Long | \$63.64 | \$62.81 | -\$0.83 | \$9,546 | \$9,422 | -\$125 | -1.3% | -\$3,750 |
| BCE Inc. | BCE | Long | \$57.12 | \$58.80 | \$1.68 | \$9,996 | \$10,290 | \$294 | 2.9% | -\$3,456 |
| Dollarama Inc. | DOL | Long | \$99.50 | \$103.70 | \$4.20 | \$17,413 | \$18,148 | \$735 | 4.2% | -\$2,721 |
| Hudson's Bay Company | HBC | Long | \$9.67 | \$12.43 | \$2.76 | \$1,692 | \$2,175 | \$483 | 28.5% | -\$2,238 |
| Metro Inc. | MRU | Long | \$40.85 | \$40.19 | -\$0.66 | \$7,149 | \$7,033 | - \$116 | -1.6% | -\$2,353 |
| Stornoway Diamond Corporation | SWY | Long | \$1.03 | \$0.83 | -\$0.20 | \$180 | \$145 | -\$35 | -19.4% | -\$2,388 |
| Sun Life Financial Inc. | SLF | Long | \$52.30 | \$48.50 | -\$3.80 | \$9,153 | \$8,488 | -\$665 | -7.3% | -\$3,053 |

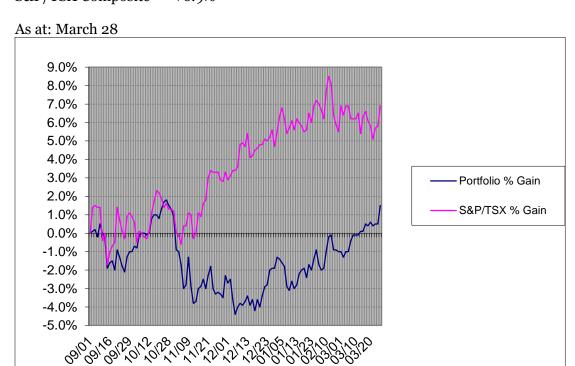
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For comparative purposes, the following graph depicts the performance, since initiation, of the *e*Research portfolio (**BLUE** line) against the S&P/TSX Composite Index (**PINK** line).

The portfolio is slowly rising, but it still has a long way to go to catch the broad market index: Portfolio performance = +1.5% S&P/TSX Composite = +6.9%



Following are our guidelines (Modus Operandi) for administering the Portfolio.

MODUS OPERANDI

Using the daily charts from the "Early Warnings" segment of the Daily Trend Report in the UpTrend.com technical system, we evaluate those stocks that have moved above or below their respective channel trend-lines.

We started with \$100,000 cash and, when appropriate, we choose either one or two stocks and put an arbitrary approximate \$10,000 in each stock pick. The buy price or the short-sell price will be at the next day's opening price. All short sells will require the mandatory 30% margin.

We will continue buying or shorting until the Portfolio is fully "invested", although this could include a sizable cash position. The portfolio is monitored and reported on daily.

If a stock closes at or higher than its Second Target price, then ½ of the position will be sold at the next day's opening price. Using TheUpTrend.com system, the stock will be further evaluated and, if there is possible further upside, then it will be retained. If not, the entire position will be sold.





Also, if a stock receives a change of opinion in TheUpTrend.com by breaking its channel trend-line support, then it will be sold at the next day's opening price.

If a stock has a decline below its purchase price that is 7% or more for three consecutive days, then the entire position in that stock will be sold at the next day's opening price.

Similarly, for a stock sold short, if the stock move goes against us for three consecutive days with a loss of 5%, then that stock will be bought back at the next day's opening price, and the 30% margin requirement will be deleted.

Stocks sold either will be replaced, or the sales proceeds will augment the cash portion.

Information on TheUpTrend.com is presented on the following page.





TheUpTrend.com

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